The primary goal of these services is to stabilize and improve psychological symptoms of distress and to engage individuals in an appropriate treatment service to address the problems that led to the crisis.

Our crisis services were developed to:

- Stop mental health crises
- Help prevent them from happening again
- Assist with maintaining your health and efforts toward avoiding crises
- Connect you with long-term support systems

#### Learn More

Our goal is to provide wrap around services to an individual to mitigate the need for hospitalization. If you would like to learn more about this program, contact:

Katrina Scott, LMSW Program Coordinator 601-638-0031 ext. 3057



### Warren Yazoo Behavioral Health

3444 Wisconsin Avenue Vicksburg, MS 39180 Phone: 601-638-0031

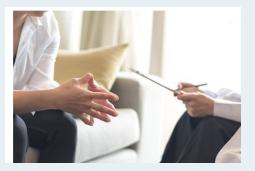
Crisis Hotline: 1-888-558-2077



COMMUNITY-FOCUSED, COMPASSIONATE CARE SINCE 1975

# ENHANCED CRISIS SERVICES





## Mental Health Disorders

Mental health disorders affect an individual's mood, thinking, and behavior. Some examples of such disorders include but are not limited to depression, anxiety, schizophrenia, bipolar and addictions.

Mental health disorders can cause problems in our daily life. We serve those individuals who have been recently discharged from the hospital as well as those at risk for hospitalization. Our team utilizes a combination of talk therapy (psychotherapy) and medication evaluations with those served. These services are provided several times a month to help with stabilization and minimize the risk of hospitalization.

#### Your Team

This program utilizes a team approach when working with individuals. ECS provides community based therapeutic services that deliver solution-focused and recovery-oriented care. The team ensures an individual has follow-up services when discharged from the hospital. The team provides wraparound services for the individual to help with ongoing stabilization and support.

#### **Team Members**

- A Master's Level Therapist
   assists the client in relieving
   emotional distress and mental
   health problems. They help the
   individual identify their strengths
   and teach more effective coping
   strategies to the individual.
- A Psychiatrist and/or Psychiatric
   Nurse Practitioner provides a
   medication evaluation as well as
   ongoing medication monitoring
   for the treatment of a mental
   illness.

# Team Members (cont.)

- A Community Support
   Specialist provides supportive
   services that assist the
   individual in identifying their
   needs and helps them
   succeed in their families and
   community.
- A Licensed Professional
   Nurse or Registered Nurse
   (if needed) assists the medical provider during medical visits as well as providing injections and patient education when needed.
- A Certified Peer Specialist
   (if available) utilizes natural
   resources to enhance the
   individual's community living
   skills, community integration,
   rehabilitation, resiliency and
   recovery.